



LEADERSHIP CAPABILITIES PROGRAMME FOR YOUNG EXECUTIVES

Duration: 3 Days (3 - 5 June 2025)

ILIA Executive Room 1

ILIA Building UBD



Programme Overview

Dynamic interplay between seasoned senior leaders and emerging young executives is a critical component in any organisation. For the latter, the pathway towards leadership is often an accelerated one, with scant resources available for quidance. While senior leaders may offer mentorship, their styles or quidance may no longer be relevant to current trends. Thus, young executives have to master the intricacies of their roles without the luxury of a comprehensive manual. ILIA's Leadership Capabilities Programme for Young Executives is designed to provide participants with the foundational competencies requisite for effective and transformational leadership within today's digital landscape. By fostering selfawareness, emotional intelligence, and an appreciation of diverse leadership styles, participants are expected to develop a robust foundation for leadership excellence. The programme prioritises the cultivation of ethical influence, effective communication, and the development of a culture of psychological safety so that participants will not only strengthen their potential but also cultivate environments conducive to collective success. This programme also aims to equip participants with the skills to navigate the landscapes of volatility, uncertainty, complexity and ambiguity (VUCA) that increasingly characterise contemporary organisations. Through interactive discourse, active discussions, and practical insights, the participants will learn about strategies to instil a mindset of adaptability and problem-solving creativity that can help them demonstrate commitment and deliver optimal performance during turbulent times.

Learning Outcomes

At the end of the programme, participants will be able to:

- Develop fundamental leadership competencies
- · Cultivate emotional intelligence and foster positive team development
- Learn strategies to manage leadership-related stress
- Learn the critical role of mindset in leadership, conducive to Al-driven organisational changes
- Develop strategies to influence others positively through communication skills and active listening
- Build collaborative teams and leverage diverse strengths within the organisational framework
- Manage challenging individuals and situations through self-reflection and feedback

Who Should Attend?

New Managers and Supervisors For professionals who have recently been promoted to managerial or supervisory roles and aim to develop essential leadership skills.

Team Leads and Project Managers For professionals who lead teams or departments or manage projects, and aim to enhance their leadership abilities to execute their responsibilities effectively.

Junior to Middle Level Executives Staff members who seek to advance their careers and prepare for future leadership positions.

Modules and Topics

This three-day programme covers the following modules and topics:

Modules	Topics
Leading Self	Leadership Fundamentals
	Understanding Leadership Styles
	Emotional Intelligence
	 Well-being in Leadership
Leading Others	The Role of Mindset in Leadership
	Influence with Integrity
	 Effective Communication and Active Listening
Building High-Performance Teams	Indicators of Team Effectiveness
	Building Collaboration
	Managing VUCA: Problem Solving and Psychological Safety

Programme Fees

Catergory	Standard Fee	May 2025)
Non-Alumni	BND 1000	BND 800
UBD Alumni	BND 700	BND 550

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Facilitators

Dr Wardah Azimah Hj Sumardi

Dr Wardah Azimah Hj Sumardi is currently the Deputy Dean for Academics and Student Affairs and an Assistant Professor of Human Resource Management at UBD School of Business and Economics, Universiti Brunei Darussalam. She holds a PhD in Business Management and MSc Human Resource Management and Industrial Relations from Alliance Manchester Business School, United Kingdom. Her research

interests are in the areas of human resource management, organisational behaviour and human resource development. She has been invited as guest speaker and trainer for various

executive development programmes. She has contributed to several international journals including the VINE Journal of Information and Knowledge Management Systems.

Pg Dr Siti Rozaidah Pg Hj Idris

Pg Dr Siti Rozaidah Pg Hj Idris is a highly respected academic and practitioner in the field of leadership. With a PhD in Management Learning and Leadership, she brings a wealth of knowledge and experience to her position as an Assistant Professor at Universiti Brunei Darussalam School of Business and Economics (UBDSBE). Her leadership research focuses on leadership development, cultural

awareness, emotional intelligence, and the effects of leadership styles on organisational performance. She has published numerous articles in reputable journals and presented her work at international conferences. She is passionate about empowering young executives to become effective and ethical

leaders who can drive positive change in their organisations and communities.

Facilitators

Dr Thuraya Farhana Said

Dr Thuraya Farhana Said is currently the Deputy Dean for Engagement and Partnerships and an Assistant Professor at the School of Business and Economics, Universiti Brunei Darussalam. She earned her Ph.D in Management from Surrey University in the UK in 2016, an MSc in Management (International Management) from Swansea University in 2009, and a BA (Hons) in Business Studies from Glamorgan University in 2007. Her research interests include strategic management,

performance management, organisational development, and entrepreneurship. She has contributed to several international journals, such as including the International Journal of Public Sector Performance Management, Knowledge Management Research and Practice Journal, and Management Decision, and has a case study featured in Edward Elgar Publishing's Case Studies in

Work, Employment and Human Resource Management. Since 2017, she has been an integral part of the university's Entrepreneurship Development team, supporting growth and development in this area.

Dr Rizki Edmi Edison

Rizki Edmi Edison is an assistant professor at ILIA, Universiti Brunei Darussalam, specialising in applied cognitive neuroscience. With a background in neurosurgery, he integrates brain science into leadership, focusing on decision-making, emotional intelligence, and communication. As a trainer in ILIA's Leadership

Capabilities Programme for Young Executives, he helps emerging leaders develop self-awareness, adaptability, and ethical influence to navigate today's dynamic workplace with confidence.

The Institute for Leadership, Innovation and Advancement (ILIA), Universiti Brunei Darussalam (UBD), is Brunei's premier training provider established in 2009 delivering innovative programmes, enriching leaders with the knowledge and skills shared by international and local experts. ILIA's mission challenges the very notion of leadership, which must transcend the activities of governance, business, academia and community service. Contact our hotline: +673 730 01666

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