



Neuroleadership Training Workshop

28 August 2024

The Institute for Leadership, Innovation, and Advancement (ILIA) recently held a two-day workshop called the "Neuroleadership Training Workshop" at ILIA Conference Room, Universiti Brunei Darussalam. Participants from the government agencies such as Internal Security Department and Narcotics Bureau Control joined the workshop.

The workshop taught participants how to lead their teams and themselves more effectively in today's fast-changing world. It focused on how everyday brain processes affect decision-making, communication, and leadership.

One key goal of the workshop was to help participants think more clearly and make better decisions. By using ideas from neuroscience, the training demonstrate participant how to handle challenges calmly and think through problems in



a logical way, helping them respond effectively under pressure.

Participants gave great feedback about the workshop. One participant shared that the workshop helped him understand brain anatomy and how it influences decision-making, improved his knowledge of how the brain supports effective leadership, provided insights into understanding people and their behavior, and enhanced his presentation skills for engaging audiences effectively. He also commented, "This workshop gave me useful insights into how the brain affects leadership. I now feel more confident in leading my team during challenging times."

