

LEADERSHIP CAPABILITIES PROGRAMME FOR YOUNG EXECUTIVES

Duration:

3 Days

Programme Fee:

BND\$1000 per participant for a **minimum of 10 participants**



Programme Overview

Dynamic interplay between seasoned senior leaders and emerging young executives is a critical component in any organisation. For the latter, the pathway towards leadership is often an accelerated one, with scant resources available for guidance. While senior leaders may offer mentorship, their styles or guidance may no longer be relevant to current trends. Thus, young executives have to master the intricacies of their roles without the luxury of a comprehensive manual.

ILIA's Leadership Capabilities Programme for Young Executives is designed to provide participants with the foundational competencies requisite for effective and transformational leadership within today's digital landscape. By fostering self-awareness, emotional intelligence, and an appreciation of diverse leadership styles, participants are expected to develop a robust foundation for leadership excellence. The programme prioritises the cultivation of ethical influence, effective communication, and the development of a culture of psychological safety so that participants will not only strengthen their potential but also cultivate environments conducive to collective success.

This programme also aims to equip participants with the skills to navigate the landscapes of volatility, uncertainty, complexity and ambiguity (VUCA) that increasingly characterise contemporary organisations. Through interactive discourse, active discussions, and practical insights, the participants will learn about strategies to instil a mindset of adaptability and problem-solving creativity that can help them demonstrate commitment and deliver optimal performance during turbulent times.

Learning Outcomes

At the end of the programme, participants will be able to:

- Develop fundamental leadership competencies
- Cultivate emotional intelligence and foster positive team development
- Learn strategies to manage leadership-related stress
- Learn the critical role of mindset in leadership, conducive to AI-driven organisational changes
- Develop strategies to influence others positively through communication skills and active listening
- Build collaborative teams and leverage diverse strengths within the organisational framework
- Manage challenging individuals and situations through self-reflection and feedback

Who Should Attend?

New Managers and Supervisors

For professionals who have recently been promoted to managerial or supervisory roles and aim to develop essential leadership skills.

Team Leads and Project Managers

For professionals who lead teams or departments or manage projects, and aim to enhance their leadership abilities to execute their responsibilities effectively.

Junior to Middle Level Executives

Staff members who seek to advance their careers and prepare for future leadership positions.

Modules and Topics

This three-day programme covers the following modules and topics:

Modules	Topics
Leading Self	● Leadership Fundamentals
	● Understanding Leadership Styles
	● Emotional Intelligence
	● Well-being in Leadership
Leading Others	● The Role of Mindset in Leadership
	● Influence with Integrity
	● Effective Communication and Active Listening
Building High-Performance Teams	● Indicators of Team Effectiveness
	● Building Collaboration
	● Managing VUCA: Problem Solving and Psychological Safety

The Institute for Leadership, Innovation and Advancement (ILIA), Universiti Brunei Darussalam (UBD), is Brunei's premier training provider established in 2009 delivering innovative programmes, enriching leaders with the knowledge and skills shared by international and local experts.

ILIA's mission challenges the very notion of leadership, which must transcend the activities of governance, business, academia and community service.

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